

All About Head Lice

Lice Facts – What are Lice?



A Female Louse



A Male Louse



A Nit

- Lice are tiny insects. There are male and female lice.
- The girl louse lays tiny eggs called **nits**.
- Lice live on blood from our heads, which can make our scalp feel itchy.

True or False?

Read the facts above! Are these sentences true or false?

TRUE **FALSE**

- 1) The boy louse is bigger than the girl louse.
- 2) A louse's egg is called a nit.
- 3) Lice eat blood from our heads.

Where Do Lice Like to Hide?

Lice can hide in many places, not just hair! Draw a picture of **a hat, a scarf, a bed, or a comb** where lice might be hiding.



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Getting Rid of Lice: The 4 Steps

William has lice! His mom knows just what to do. Put the steps in the correct order by writing 1, 2, 3, and 4 in the empty boxes.

- William's mom tells the teacher at school so other families can be warned.
- William keeps scratching his head. His mom checks and sees he has lice.
- She washes all of William's clothes, hats, and bed sheets in hot water.
- She washes his hair with special lice treatment shampoo, carefully reading the instructions.

Lice Facts & Myths

True or False?

	TRUE	FALSE
1) When your head itches, you should tell your parents.	<input type="checkbox"/>	<input type="checkbox"/>
2) Lice only like to live in dirty hair.	<input type="checkbox"/>	<input type="checkbox"/>
3) You should not lend your cap or scarf.	<input type="checkbox"/>	<input type="checkbox"/>
4) An ordinary shampoo kills lice.	<input type="checkbox"/>	<input type="checkbox"/>
5) One wash with lice treatment shampoo is enough.	<input type="checkbox"/>	<input type="checkbox"/>
6) You should not be afraid of lice. They itch, but they're nothing serious.	<input type="checkbox"/>	<input type="checkbox"/>

My Prevention Plan

We can be prepared! Color or check the things you can do to help keep lice away.



Tell a grown-up if my head feels itchy.



Use my own brush and comb.



Keep my hat and scarf to myself.