

## All About Head Lice

### Lice Facts – What are Lice?



A Female Louse



A Male Louse



A Nit

- Lice are tiny insects. There are male and female lice.
- The girl louse lays tiny eggs called **nits**.
- Lice live on blood from our heads, which can make our scalp feel itchy.

### True or False?

Read the facts above! Are these sentences true or false?

	TRUE	FALSE
1) The boy louse is bigger than the girl louse.	<input type="checkbox"/>	<input type="checkbox"/>
2) A louse's egg is called a nit.	<input type="checkbox"/>	<input type="checkbox"/>
3) Lice eat blood from our heads.	<input type="checkbox"/>	<input type="checkbox"/>

### Where Do Lice Like to Hide?

Lice can hide in many places, not just hair! Draw a picture of **a hat, a scarf, a bed, or a comb** where lice might be hiding.

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### Getting Rid of Lice: The 4 Steps

William has lice! His mom knows just what to do. Put the steps in the correct order by writing 1, 2, 3, and 4 in the empty boxes.

- ☐ William's mom tells the teacher at school so other families can be warned.
- ☐ William keeps scratching his head. His mom checks and sees he has lice.
- ☐ She washes all of William's clothes, hats, and bed sheets in hot water.
- ☐ She washes his hair with special lice treatment shampoo, carefully reading the instructions.

### Lice Facts & Myths

#### True or False?

- |                                                                              | TRUE                     | FALSE                    |
|------------------------------------------------------------------------------|--------------------------|--------------------------|
| 1) When your head itches, you should tell your parents.                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) Lice only like to live in dirty hair.                                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) You should not lend your cap or scarf.                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 4) An ordinary shampoo kills lice.                                           | <input type="checkbox"/> | <input type="checkbox"/> |
| 5) One wash with lice treatment shampoo is enough.                           | <input type="checkbox"/> | <input type="checkbox"/> |
| 6) You should not be afraid of lice. They itch, but they're nothing serious. | <input type="checkbox"/> | <input type="checkbox"/> |

### My Prevention Plan

We can be prepared! Color or check the things you can do to help keep lice away.



Tell a grown-up if my head feels itchy.

☐


Use my own brush and comb.

☐


Keep my hat and scarf to myself.

☐